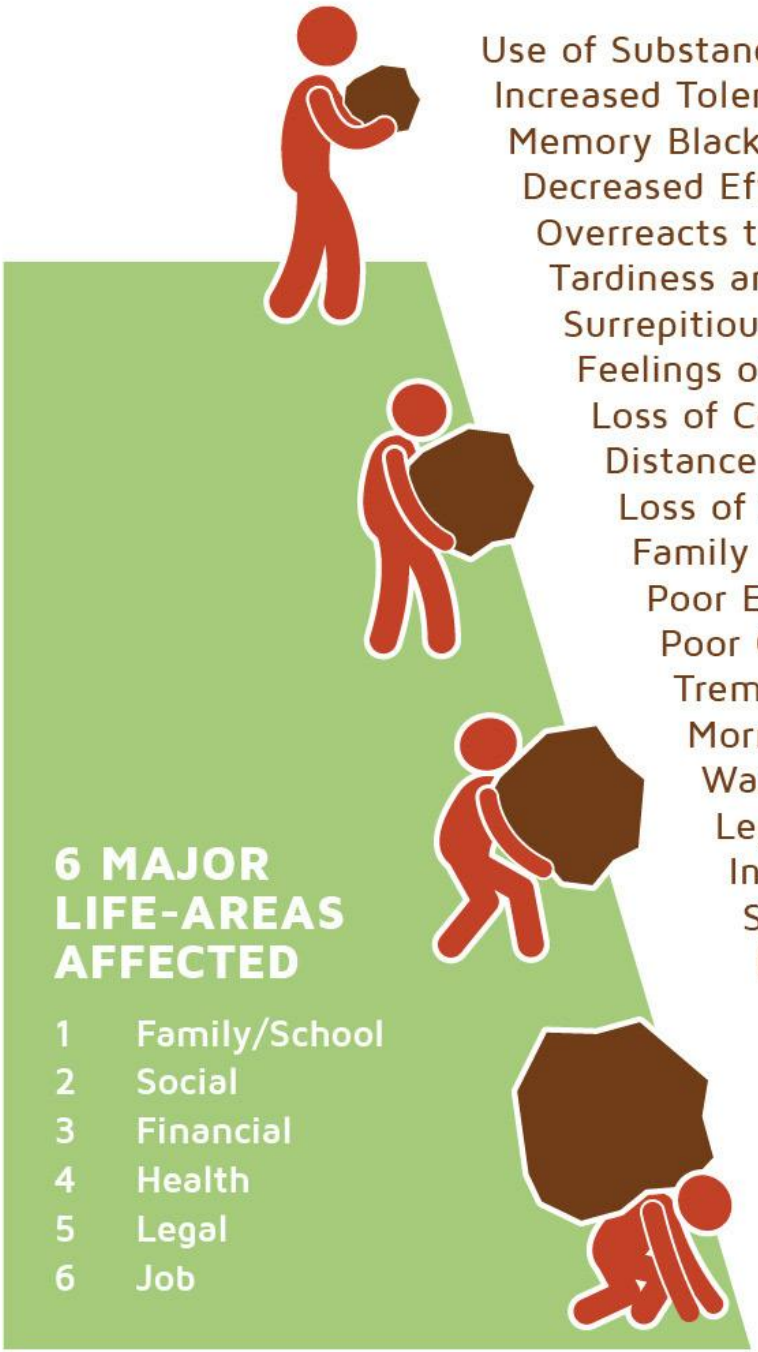
PROGRESSION OF ADDICTION



Use of Substances to Relieve Tension
Increased Tolerance
Memory Blackouts
Decreased Efficiency
Overreacts to Real or Imagined Criticism
Tardiness and Absenteesim at Work
Surrepitious Use
Feelings of Guilt and Remorse
Loss of Control Over Amounts and Frequency of Use
Distance From Friends
Loss of Interests
Family Expresses Concern, Frustration or Anger
Poor Eating Habits, Eating Less
Poor Concentration
Tremors or Other Withdrawal Symptoms
Morning Use of Substances
Warnings, Suspensions, Discipline Issues
Legal Issues
Increased Isolation
Separation or Divorce
Health Issues, Hospitalizations
Grandiose, Aggressive, or Belligerent
Impaired and Unreasonble Thinking
Bankruptcy or Other Severe Financial Issues
Apparent Loss of Ethical Values
Use of Substances on the Job
Obvious, Visable Physical Deterioration
Indefinable Fears
Termination From Job, Disbarment

6 MAJOR LIFE-AREAS AFFECTED

1 Family/School
2 Social
3 Financial
4 Health
5 Legal
6 Job